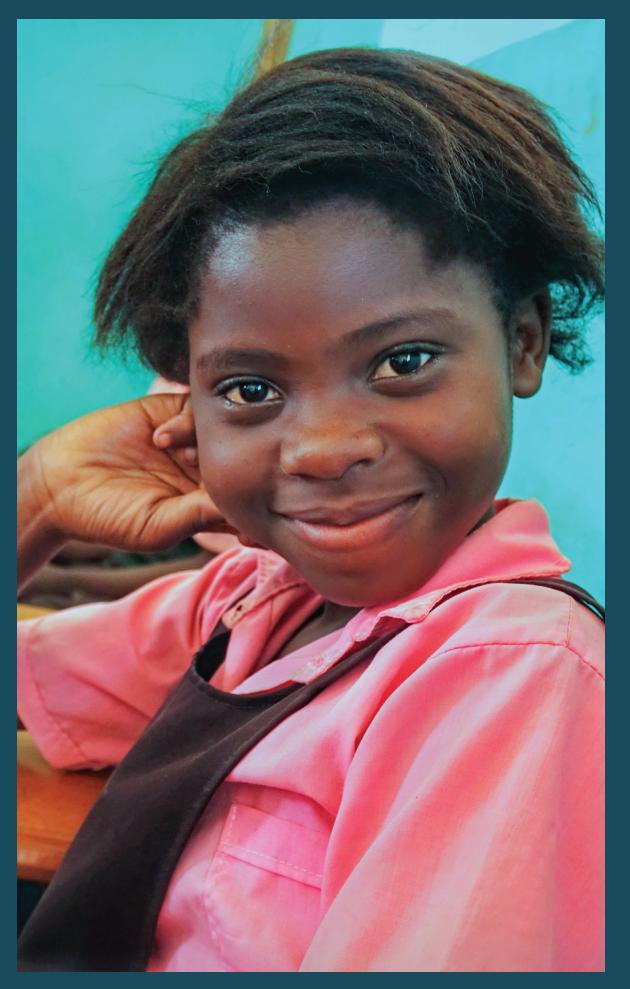


# EMPOWERING WOMEN & CHILDREN through health, education, and advocacy



She was a tiny two-year-old with huge penetrating brown eyes. She was also HIV positive. Her name was Mirriam and she captured our hearts. My husband, Jac, and I knew the moment we saw her, we would spend the rest of our lives working to lift the lives of children like Mirriam. Every decision going forward as HealthEd Connect was established, was based on the welfare of this little one that we lovingly referred to as Boss Mirriam. As we flew to Africa on that first trip, Jac and I ventured a guess about the future and wrote the following prediction in our journal: "From a fledgling operation with nothing but an idea and dream in 2009, it has become a multi-national organization that provides services for women and children world-wide. Last year alone over 100,000 children and 20,000 women's lives were touched and improved through HealthEd Connect." As it turns out, we missed our predictions by a mile!



From Sherri and Jac's vision and efforts, a solid foundation of community leadership and programs has developed and grown. So much, in fact, that the number of women and children impacted by HealthEd Connect has exceeded their vision! We're thrilled to share this impact, by

the numbers, in this annual report.

Boss, incredible volunteers, and YOU, our supporters who have made dreams

become realities!



We're also happy to report that little Mirriam has thrived thanks to an incredibly tenacious and committed Mama Ethel who is also HIV positive. Mirriam's now in the 9th grade and shows an unusual compassion and understanding towards those on the margins, much like our community health worker friends. We are grateful to Mirriam for the inspiration she provided HealthEd Connect and look forward to her healthy and successful future. I hope you will be as impressed as we are with the amazing things that have been accomplished in a dozen years thanks to our inspiring

Emily Penrose-McLaughlin Executive Director



# **In This Report**

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# **Our mission**

is to empower women and children through evidence-based health, education, and advocacy programs. We accomplish this mission by training and partnering with volunteer community health workers in Democratic Republic of Congo, Zambia, Malawi, and Nepal to identify and address issues of basic health and education from the grass roots level.



# FINANCIAL Transparency

A copy of the annual independent audit report for 12 months, beginning January 1, 2021 through December 31, 2021 will be available on our website in the summer of 2022.

At a time when so much seemed uncertain in the world, your commitment allowed us to build up our assets and plan significant additional investments in community programs.

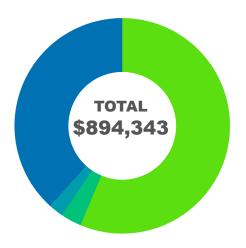
Donor Dollars support: 92% Programs 8% Administration

# **2021 Expenses**



- 57% Programs \$364,102 (Community Health Worker programs and centers)
- 27% Education \$172,416 (school programs, scholarships)
- 8% Administration \$52,430 (support services\*\*)
- 8% Restricted Gifts for Administration \$50,000

# **2021 Revenue**



- 57% Contributions \$503,806
- 38% In-Kind Services \$342,615
- 3% Grants \$27,963
- 2% Investment Return \$19,959

# Would you like to include HealthEd Connect in your community gathering?

We're happy to participate in your church worship, intergenerational activity, civic group, or "coffee talk" with your circle of friends about the empowering work of our health worker and school programs. Call us at 816.423.4731 or email emily@healthedconnect.org to coordinate plans.

<sup>\*</sup>Includes in-kind services

<sup>\*\*</sup>Generous donors have covered half of our operating expenses, meaning more of your money goes to programs

# **A Dozen Years' Difference**

Looking at the impact a dozen years has made toward strengthening communities and improving health.

434,307
Children weighed and monitored



"What I enjoy most about being a teacher is the feeling and hope I have when I look at a child and know that here is a future leader - who knows what he or she shall become... I am highly grateful to be working with HealthEd Connect and the great help given to me all these years. Thank you very much" - Bwalya Siame, Zamtan

**Community School of Peace** 



256,155
Mothers taught about nutrition and sanitation



n Luapula, Zambia, Kafwa health worker **Gabriel Munoshi** has been a pillar in his community since 1995. Having been trained by Dr. Sherri Kirkpatrick, he has continued to provide loving care to ill community members, orphaned children, and families looking for information about nutrition and sanitation. When asked about his time as a health worker. Gabriel stated that he wishes to continue serving as a community health worker as long as he can, and it makes him very happy to be a part of HealthEd Connect. In this photo, Gabriel can be seen proudly

holding his certificates of completion from multiple trainings led by Dr. Kirkpatrick. We are grateful for lifetime community health workers like Gabriel who help to make their communities happier and healthier!



**23,826**Babies delivered

1,224,624

School Lunches served to orphans and vulnerable children



**Z4,4UU**Children in enrichment programs

# 260,355 Community health

Community health worker volunteer hours





\$3,435,929 raised in total to uplift women and children

In Nkhata Bay, Malawi, **Linley Mzira** has been serving as a community health worker since her first training in 1993! A member of the Sinkhani before their name had even been chosen, Linley has been helping in hospital clinics weighing and monitoring babies so they could grow and thrive. Her many years of dedication have resulted in her being well-recognized and trusted by the hospital staff, often being called upon to provide essential information to her community.

Linley shared about the pride she feels, saying:

"I have changed the lives of many people...if they want to learn something concerning the lives of their children, they don't hesitate to come and seek counseling. We have a healthy community whereby each family has a good and clean surrounding area, treated drinking water, and [know] how to prepare good foods for their children. This is not done only in my community but to all areas where the Sinkhani is."

We are grateful for the many leaders like Linley who provide loving care and access to health education to those around them!



# **Building the Future**

n Zambia, a shocking percentage of its population is orphans. In the wake of this devastating reality, grandmothers, aunts, and neighbors have taken up the parental mantle, raising the children as best they can.

Our Kafwa health worker colleagues in Luapula province are there to support both the orphaned children and the caregivers. The Kafwa have

facilitated support meetings for the caregivers and began Isubilo (meaning "hope") programs for the children. The Isubilo group provides a welcoming environment to share feelings among peers, engage in fun activities, and build lasting friendships. While robust programs were already in place, a community center seemed like the perfect way to expand opportunities for empowering programs and activities that would promote education and community connection.

Now, a community center in the town of Mulundu has taken shape! Kafwa leader, Jane, and project coordinator, Musans, did a fantastic job making sure that things ran smoothly. Building a community center is no small feat, and we want to thank everyone who helped to prepare this wonderful space!

From clearing the land of trees and bushes to carrying bricks and stones, construction has been a labor of love. Now, with just a few finishing touches left, Luapula Kafwa team lead, Jane, has shared her joy, saying:

"Hello friends!!!!! Wow Mulundu center has just come out like flying colours. I am so happy, how I wish you were in Zambia today."





Throughout the construction, community members, mothers who are Kafwa clients, and children from the local Isubilo (orphan support) groups came to provide support and pitch in with tangible excitement! One such helper was the small but mighty Gift Chabala, who can be seen here carrying rocks to help cover the center floor. So much pride and care have been taken while building, knowing that this is built by and for the Mulundu community. Project coordinator, Musans, shared this sentiment regarding all of the help:

"People of Mulundu are also fantastic to contribute voluntarily like you see in the photos."

Another sweet helper, echoed the community's joy, hugging the center and saying "I'm so happy!"

Soon the community can gather here for health education, literacy, grief support, and recreation! It will be filled with the sounds of singing, laughter, reading, and stories of hope and healing! We share a big "thank you!" to all who have generously shared time and resources to help this project come together in a spectacular fashion!

HealthEd Connect is my favorite not for profit, my favorite place to donate. You are doing all the right things. I climb inside the stories and imagine myself there with the women and children.

Joyce Russell, Supporter







www.HEALTHEDCONNECT.org

**HEALTHED CONNECT** Annual Report

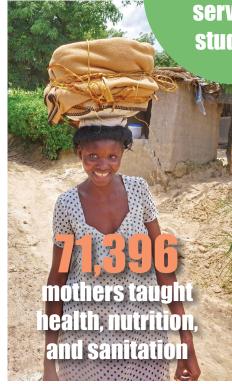
# **2021 Impacts**A Number, A Life, A Story

Each number shown represents a life impacted for the better. Your support makes a long-term difference through the loving arms of our volunteer community health workers and school colleagues. Thank you for uplifting leaders who advocate for their communities and implement the health and education programs identified as top priorities.

153
Community
Health Workers
(CHW)

56 communities served

204,931 hot lunches served to students



30 CHWs participating in Leadership Development Opportunities





24 school teachers



7,805
children in
Enrichment Programs
(grief support, etc.)



2,082 home health visits

100% 7th Grade Pass Rate

**Nursing** 

scholarships

**1.446** 

orphans and vulnerable children enrolled in primary school

73
High School
Scholarships

4,249 healthy babies delivered

40,926 babies immunized



# **Threads of Love**

n the D.R. Congo, Wasaidizi health worker, Jenny Kamona, and fellow volunteers facilitate an orphan support group in Lubumbashi. A group that fosters joy, community, and healing, they met for a special New Year's celebration! Josephine Kipampe, Wasaidizi team leader, shared a photo and sweet message:

"This is the group of orphans in Lubumbashi... we invited them to come and celebrate with us today. The children were very

excited and they said thank you to the Health Ed Connect team for the wonderful work they are doing and also to the Wasaidizi team. We are also saying thank you to the Health Ed Connect team for their support during the year. May God bless you all and



we are wishing you all the best and a happy new year 2022."

When we asked about the beautiful outfits and who had made them, Josephine explained that they were handmade by the "first" orphan support group!

"Yes the Wasaidizi paid for the fabric but it is the former orphans who sewed for them...They are the orphans of the first group of 2018. Ruth Banza supervised them and also taught them tailoring."

The orphan support groups change lives by creating a space for new connections and familial bonds to be built between the children. And it is heartwarming to see the older group come together to make something beautiful for the younger ones to enjoy!



## Thank you to our 2021 annual donors

This list reflects gifts received between January 1, 2021 and December 31, 2021

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(over \$50.000)

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This list reflects lifetime cumulative gifts received by December 31, 2021

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#### Please note:

Fran Zimmerman

\* Donor has given 5 or more years \*\* Donor has given 10 years + Donor is being recognized posthumously

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(Honored individuals in bold type, donors in basic type)

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Kristi and Kraig Kirkpatrick
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Sherri and Jac Kirkpatrick

Michelle and Dan Mahlik

Continued on page 13...

#### **IN MEMORY**

Alvce Reichard Brenda and Alan Connely Takeko Rowland Marilyn Turner Irene Shearer Pam and Bill Ashley Gloria Moreno Shields Cynthia Mejia **Mickey Simmons** Yvonne and Joe Donald Kraig and Kristi Kirkpatrick Julie and Brent Kirkpatrick Sherri and Jac Kirkpatrick Richard Simmons **Larry Sturgis** Yvonne and David Simons **Georgia Towers** Sherri and Jac Kirkpatrick **Fd Towers** Lee White Judith Banks Sandra and Robert Browning DeeDee Curtis Kirsten and Ric Farmer Lori and Joe Hilbich Ann Holwick Sherri and Jac Kirkpatrick Charlotte and Larry Kruse Sandra Langsford-Cox Sharon and Alan Roberts Amy and James Walker Sharon and Ronald Whistler

#### Lifting Lives Legacy Circle

Those who are graciously including HealthEd Connect in their estate plans.

+Judy and Ron Carter
Jan and Glen Elliott
Lauren Hall and Deb Bigogno
MaryJoan and +Ken Johnston
Cathy and Mike Keeble
Liz and Greg Kelly
Sherri and Jac Kirkpatrick
Michelle and Dan Mahlik
Beth and Roland Marolf
Sharon McClain
Kathleen McGuire
Barbara and David McHuron
Louise Morden

#### Please note:

+ Donor is being recognized posthumously

# **Vaccination Celebrations**

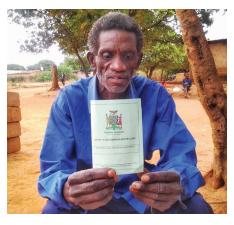


We are thrilled to share that over the last year, many of our colleagues have been able to receive the COVID-19 vaccine!

Sangeeta, a nurse in Nepal, was one of the first of our colleagues to receive her COVID vaccination, as wave after wave impacted the country. We were relieved to hear of the protection she received as she continued to not only serve her patients, but also her community through health camps and awareness campaigns.

In Zambia, Polycarpo, chairman of the PCSC (a guardian/teacher association) at Mapalo Young Peace Makers Community School was excited to celebrate his vaccination! Mapalo head teacher, Emmanuel Mumba, shared:

"Polycarpo [is] holding his certificate after undertaking the noble choice of vaccinating! He is now a shining example for many others who shun to take the vaccine based on mere speculations."



Soon after, and led by the community health workers, the teachers readily chose to get the vaccine and protect themselves from the worst of the pandemic, writing:

"We all received the vaccine and thanks for having encouraged us to take the vaccine due to the fact there were so many myths surrounding this vaccine but with the information you extended to us have motivated all of us friends to take the vaccine with ease. The Kafwa led the way in the first place and now all the teachers have been vaccinated!"



# **Community Volunteers & Support Staff**

#### **Health Worker Team Leaders**

Josephine Kipampe - Lubumbashi, D.R. Congo Ireen Nyirenda - Mzimba, Malawi Pinkey Malla Adihikari - Kathmandu, Nepal Ireen Matete - Kasompe, Zambia Jane Chibwe - Luapula, Zambia Joyce Ngosa - Mapalo, Zambia Angela Mbola - Zamtan, Zambia

#### **Leaders and Coordinators**

#### Sinkhani Health Workers (Malawi)

Lackings Banda, Board Chair

+Mkakeni Emmanuel Jere, Communications Coordinator Ireen Nyirenda, Treasurer

Staford Bondela Nyirenda, Secretary, Communications Coordinator

Judith Ng'oma, Vice Secretary

Patrick Gausi, Trustee

Joyce Mkandawire, Trustee

Patrick Gausi, Nkhata Bay Coordinator

Linley Mzira, Nkhata Bay Coordinator

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Gita Panthi, Board Vice-Chair

Bimala Timsena, Treasurer

Anita Nagarkoti, Secretary Sabina Sapkota, Member

Deepa Lama, Member

Pabitra Bhusal, Member

Sangeeta Poudel, Biratnagar Coordinator

Ramprasad Gurung, Gorkha Coordinator

#### Kasompe Community School of Peace (Zambia)

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Isaih Dyololo, Treasurer

Maureen Nsama, Secretary

Ireen Chishimba, Member, Kafwa Representative

Emeldah Chingandu, Member

Loveness Mulemba, Head Teacher

#### Mapalo Young Peacemakers School (Zambia)

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Grace Mulubwa, Treasurer, Kafwa Center Coordinator

Joyce Ngosa, Vice Treasurer

Samuel Mushibwe, Secretary

Emmanuel Mumba, Head Teacher

#### Zamtan Community School of Peace (Zambia)

Angela Mbola, Board Chair Jackson Manjai, Treasurer

Edwin Kunda, Secretary

Elizabeth Pemba, Trustee

Benson Kabungo, Member

Ireen Mbola, Head Teacher

#### **USA Support Staff and Volunteers**

#### Staff

Emily Penrose-McLaughlin, Executive Director Regan Jackson, Donor and Communications Manager Sue Olson, Donor Data Systems

#### **Volunteers**

Ruth Seagraves, Graphic Designer Greg Stollsteimer, Webmaster



In Memorium Remembering our friend and previous board member, Tammy Jones

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#### **Shandra Newcom**

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#### **Stuart Waite**

Chair, Department of Dental Medicine, Mercy Hospital St. Louis

#### Eva Wasonga-Nganga

Nurse, St. Mary's Regional Medical Center

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